

XXIX Cto. de España "Open" Masters de Invierno  
Pontevedra, 8 - 11/2/2024

Prueba 11, Masc., 400m Libre, 50+

Clasificación	AN	Equipo	Tempo	
14. GIL HENRIQUEZ Jorge Juan	72	C.N. Las Palmas	<b>5:45.49</b>	3,00 354
50m: 38.27 38.27	150m: 2:04.18	44.17	250m: 3:33.63	45.08
100m: 1:20.01 41.74	200m: 2:48.55	44.37	300m: 4:19.14	45.51
350m: 5:03.46	44.32	400m: 5:45.49	42.03	
15. PEREZ DELGADO Javier	71	C.N. Mediterraneo Valencia	<b>6:05.53</b>	2,00 299
50m: 37.32 37.32	150m: 2:01.21	42.97	250m: 3:34.12	47.28
100m: 1:18.24 40.92	200m: 2:46.84	45.63	300m: 4:22.00	47.88
350m: 5:12.78	50.78	400m: 6:05.53	52.75	
16. ORTEGA CANDIL Oscar	73	C. Tenis Chamartin	<b>6:07.59</b>	1,00 294
50m: 41.14 41.14	150m: 2:09.47	45.27	250m: 3:43.62	47.41
100m: 1:24.20 43.06	200m: 2:56.21	46.74	300m: 4:32.05	48.43
350m: 5:20.53	48.48	400m: 6:07.59	47.06	
17. RODRIGUEZ ORTEGA Alejandro	74	C.N. Santurtzi	<b>6:24.54</b>	- 256
50m: 38.81 38.81	150m: 2:11.68	47.86	250m: 3:50.53	49.87
100m: 1:23.82 45.01	200m: 3:00.66	48.98	300m: 4:42.01	51.48
350m: 5:33.52	51.51	400m: 6:24.54	51.02	
Baja QUINTAS BARROS Jesus C.	73	C.N. Escualos	-	-

Prueba 11 Masc., 400m Libre 45+ Resultados

09/02/2024 - 10:00 RE 4:16.16 SERRA VERDAGUER DANIEL BARCELONA 09/02/2013

Clasificación	AN	Equipo	Tempo	
1. DEL AMO GALAN Ruben	75	A.D. Rivas Natación	<b>4:45.32</b>	19,00 618
50m: 31.88 31.88	150m: 1:42.42	35.96	250m: 2:55.54	36.81
100m: 1:06.46 34.58	200m: 2:18.73	36.31	300m: 3:32.50	36.96
350m: 4:09.90	37.40	400m: 4:45.32	35.42	
2. SANCHEZ GORDON Roman	78	C.N. Rias Baixas	<b>4:47.11</b>	16,00 607
50m: 32.07 32.07	150m: 1:42.62	35.99	250m: 2:56.24	37.08
100m: 1:06.63 34.56	200m: 2:19.16	36.54	300m: 3:33.48	37.24
350m: 4:10.63	37.15	400m: 4:47.11	36.48	
3. MARCELLAN PEREZ Eduardo	78	Club Natación Rivalia	<b>4:47.31</b>	14,00 605
50m: 32.58 32.58	150m: 1:45.47	36.89	250m: 2:59.47	37.18
100m: 1:08.58 36.00	200m: 2:22.29	36.82	300m: 3:36.59	37.12
350m: 4:12.79	36.20	400m: 4:47.31	34.52	
4. FLORES TABARES Roberto	76	Sopela Igeriketa Swim	<b>4:54.94</b>	13,00 559
50m: 31.52 31.52	150m: 1:43.16	36.80	250m: 2:59.69	38.70
100m: 1:06.36 34.84	200m: 2:20.99	37.83	300m: 3:38.32	38.63
350m: 4:16.89	38.57	400m: 4:54.94	38.05	
5. IGLESIAS GOMEZ Gonzalo	79	Club Hercules Termaria	<b>4:55.32</b>	12,00 557
50m: 32.34 32.34	150m: 1:44.71	36.92	250m: 3:01.57	38.78
100m: 1:07.79 35.45	200m: 2:22.79	38.08	300m: 3:40.15	38.58
350m: 4:18.81	38.66	400m: 4:55.32	36.51	
6. BARROSO BARBA Jesus	75	C. Padel Arena Alicante	<b>4:56.97</b>	11,00 548
50m: 33.74 33.74	150m: 1:48.17	37.96	250m: 3:05.61	38.69
100m: 1:10.21 36.47	200m: 2:26.92	38.75	300m: 3:43.82	38.21
350m: 4:21.40	37.58	400m: 4:56.97	35.57	
7. DE LA VIESCA SANTAFE Carlos	78	Real Canoe N.C.	<b>4:58.89</b>	10,00 538
50m: 33.44 33.44	150m: 1:47.29	37.26	250m: 3:03.23	37.99
100m: 1:10.03 36.59	200m: 2:25.24	37.95	300m: 3:42.03	38.80
350m: 4:21.47	39.44	400m: 4:58.89	37.42	
8. BELTRAN DIAZ Emilio	77	C.N. Monforte de Lemos	<b>4:59.31</b>	9,00 535
50m: 33.80 33.80	150m: 1:49.15	38.31	250m: 3:05.49	38.27
100m: 1:10.84 37.04	200m: 2:27.22	38.07	300m: 3:43.37	37.88
350m: 4:21.70	38.33	400m: 4:59.31	37.61	

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Clasificación	AN								Tiempo												
9.	ALCALA ORDOÑEZ German	78	C.D. Jerez Natacion Master	<b>5:07.32</b>	8,00	494	50m:	34.55	34.55	150m:	1:49.01	37.51	250m:	3:06.37	39.17	350m:	4:26.05	40.43	400m:	5:07.32	41.27
							100m:	1:11.50	36.95	200m:	2:27.20	38.19	300m:	3:45.62	39.25						
10.	MARTINEZ SANTOS Ricardo Jose	76	C.N. Las Palmas	<b>5:20.01</b>	7,00	438	50m:	34.76	34.76	150m:	1:51.20	39.10	250m:	3:13.31	41.70	350m:	4:36.86	42.08	400m:	5:20.01	43.15
							100m:	1:12.10	37.34	200m:	2:31.61	40.41	300m:	3:54.78	41.47						
11.	LINARES NAVARRO Daniel	77	C.N. Santurtzi	<b>5:23.31</b>	6,00	425	50m:	35.30	35.30	150m:	1:55.20	40.42	250m:	3:18.39	41.54	350m:	4:41.85	41.73	400m:	5:23.31	41.46
							100m:	1:14.78	39.48	200m:	2:36.85	41.65	300m:	4:00.12	41.73						
12.	MINGUEZ CUENCA Guillermo	79	C.N. Mediterraneo Valencia	<b>5:34.31</b>	5,00	384	50m:	36.78	36.78	150m:	2:00.01	42.37	250m:	3:26.86	43.01	350m:	4:50.47	42.07	400m:	5:34.31	43.84
							100m:	1:17.64	40.86	200m:	2:43.85	43.84	300m:	4:08.40	41.54						
13.	OLIVA NIETO David	75	C.N. Fuenlabrada	<b>5:41.84</b>	4,00	359	50m:	37.14	37.14	150m:	1:59.76	42.50	250m:	3:28.46	44.76	350m:	4:58.60	45.08	400m:	5:41.84	43.24
							100m:	1:17.26	40.12	200m:	2:43.70	43.94	300m:	4:13.52	45.06						
14.	GUISASOLA FERNANDEZ Iñigo	75	C.N. Santurtzi	<b>5:53.46</b>	3,00	325	50m:	39.12	39.12	150m:	2:07.03	44.51	250m:	3:37.46	45.41	350m:	5:09.15	45.91	400m:	5:53.46	44.31
							100m:	1:22.52	43.40	200m:	2:52.05	45.02	300m:	4:23.24	45.78						
15.	ROJO SAN JUAN Alberto	77	C.N. Santurtzi	<b>6:03.30</b>	2,00	299	50m:	40.22	40.22	150m:	2:12.24	46.84	250m:	3:45.51	46.74	350m:	5:18.05	45.91	400m:	6:03.30	45.25
							100m:	1:25.40	45.18	200m:	2:58.77	46.53	300m:	4:32.14	46.63						

Prueba 11	Masc., 400m Libre	40+
09/02/2024 - 10:00		Resultados
RE	4:09.52 MECA MEDINA DAVID	MADRID 11/05/2014

Clasificación	AN								Tiempo												
1.	SERRANO VAZQUEZ Pedro	84	C.D.N. Cordoba	<b>4:15.94</b>	19,00	831	50m:	29.05	29.05	150m:	1:32.81	32.29	250m:	2:38.41	33.03	350m:	3:43.87	32.64	400m:	4:15.94	32.07
							100m:	1:00.52	31.47	200m:	2:05.38	32.57	300m:	3:11.23	32.82						
2.	HERVAS JODAR Francisco Jose	81	Vila-Swim Fondistas C.N.	<b>4:16.47</b>	16,00	826	50m:	29.96	29.96	150m:	1:33.75	32.17	250m:	2:38.76	32.64	350m:	3:44.34	32.64	400m:	4:16.47	32.13
							100m:	1:01.58	31.62	200m:	2:06.12	32.37	300m:	3:11.70	32.94						
3.	RODRÍGUEZ LÓPEZ David	82	E.C. Ciudad De Talavera	<b>4:42.33</b>	14,00	619	50m:	31.39	31.39	150m:	1:39.95	34.65	250m:	2:52.87	36.61	350m:	4:07.43	37.44	400m:	4:42.33	34.90
							100m:	1:05.30	33.91	200m:	2:16.26	36.31	300m:	3:29.99	37.12						
4.	SANCHEZ MEDINA Ricardo	84	C.N. Leganes	<b>4:51.45</b>	13,00	563	50m:	32.32	32.32	150m:	1:44.38	36.61	250m:	2:59.46	37.87	350m:	4:14.80	37.47	400m:	4:51.45	36.65
							100m:	1:07.77	35.45	200m:	2:21.59	37.21	300m:	3:37.33	37.87						
5.	PEREZ BOIX Juan Antonio	84	C.N. Fuenlabrada	<b>5:11.22</b>	12,00	462	50m:	34.67	34.67	150m:	1:50.94	38.92	250m:	3:10.75	39.89	350m:	4:31.85	40.67	400m:	5:11.22	39.37
							100m:	1:12.02	37.35	200m:	2:30.86	39.92	300m:	3:51.18	40.43						